

# ST. HENRY R.C. CHURCH

82 West 29th Street  
Bayonne, New Jersey 07002

## *Our Mission*

*The Parish Family of St. Henry  
seeks to continue the mission started by its founders over a century ago.  
With Jesus Christ as our model, centered in the Eucharist,  
we will teach the gospel message and apply it to our everyday lives.  
Our family will be a shining beacon of Christian hope and love  
to the people of Bayonne.*

## March 2, 2025 Eighth Sunday in Ordinary Time

### RECTORY & PARISH OFFICE

Phone: 201-436-0857 Fax: 201-823-4611

Email: [sthenryrc@optonline.net](mailto:sthenryrc@optonline.net)

Website: [www.sthenryrc.org](http://www.sthenryrc.org)

Facebook: St. Henry RC Church

### *Served by:*

Pastor: Rev. Raul Gaviola  
Parochial Vicar: Rev. Don Bosco Park

### RELIGIOUS EDUCATION OFFICE

Phone: 201-339-0319

Facebook: St. Henry Religious Education

Director of Music Ministries: Chad Perry  
201-249-1167

Associate Musician: Christian Bautista

Trustees: Louis Giambusso & Kathy Harden

Parish School: *We are part of an excellent co-sponsored  
Elementary school - All Saints Catholic Academy. For  
more information, call 201-443-8384 or visit website  
[www.ascabayonne.org](http://www.ascabayonne.org)*

## *Mass Schedule*

The Lord's Day

Saturday Eve: 5:30 PM

Sunday: 8 AM, 10 AM, 12 PM

Saturdays: 8:30 AM

Weekdays: 12:00PM

Holy Days: (see inside bulletin for Mass times)

National Holidays: 9:00 AM

Parish Access Center: (Hudson County) 201-798-9958

### *Sacrament of Reconciliation*

Saturdays 9:00AM–9:30 AM & 4:30PM - 5:15 PM

### *Sacrament of Baptism*

First Sunday of each month at 1:30 PM. Call the Parish Office to make arrangements. Please call early to schedule, as the number of children to be Baptized on each date is limited. There are no Baptisms during Lent.

### *Sacrament of Marriage*

Please call the Parish Office to make arrangements as soon as possible. The Archdiocesan policy usually requires one year of preparation for this Sacrament. We look forward to helping you prepare for your wedding day and marriage.

Blessing of your Marriage: If you have been married civilly or in another religious tradition, and would like to have your marriage blessed in the Roman Catholic Church, please call the parish priests for more information.

### *Teaching the Good News*

#### 2024-2025 Program Year

Sundays: 8:45AM – 9:45AM: Kindergarten-Grade 5

Sundays: 8:30AM-9:30AM Grade 9

Sundays: 7:00PM-8:00PM: Grade 9

Wednesdays: 4:00PM-5:00PM: Grades 1-5

Wednesdays: 7:00PM-8:00PM: Grades 6-8

Sundays: 8:45AM-9:45AM RCIC and Catch Up

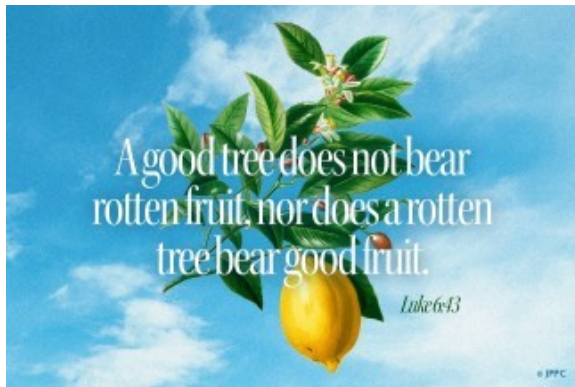
### *Sacrament of the Sick/Homebound*

Anointing: Anytime upon request in the home of the sick.  
Please call the rectory.

### St. Henry Parish Office Hours

MONDAY – THURSDAY

9:00 AM – 4:00 PM



**Mass Intentions for the Week**

**SATURDAY, March 1st**

- 8:30AM Jack & Margie Sheren
- 5:30PM Adele McLaughlin (23rd ann.)

**SUNDAY, March 2nd**

- 8:00AM Ann Dugan
- 10:00AM Ana Alvarez (7th ann.)
- 12:00PM LuAnn Caamano (3rd ann.)

**MONDAY, March 3rd**

- 12:00PM Al Arnold
- Marie Fernandez

**TUESDAY, March 4th**

- 12:00PM Judy Blom & Frank McLaughlin
- Special Intention – Jean Gallagher

**WEDNESDAY, March 5th**

- 12:00PM Ruvee Yao
- Special Intention – Julia Cleary
- 4:00PM Prayer Service with Ashes
- 7:00PM Deceased Priests & Religious of St. Henry Parish

**THURSDAY, March 6th**

- 12:00PM Elsie & Gabe Doria
- Tom & Maureen Murphy

**FRIDAY, March 7th**

- 12:00PM Michael S. Ramella (4th ann.)
- Special Intention – Julia Cleary

**SATURDAY, March 8th**

- 8:30AM Jean Fogu Pope
- 5:30PM Teodulfo “Ted” Concepcion & Elsa Concepcion

**SUNDAY, March 9th**

- 8:00AM Caterina Polera
- 10:00AM Michael Bolowski
- 12:00PM Cristina Inigo

**SANCTUARY LAMP**  
**Special Intention of Jean Gallagher**  
**ALTAR BREAD**  
**In Memory of Matthew Patella**  
**From Mark & Lynn Sanzo & Family**  
**ALTAR WINE**  
**In Memory of Walter Quiroz**  
**From His Family**

*Thoughts and Reflections: by Rev. Leonard N. Peterson*

I truly believe that a turning point in one’s life comes when one adds a cardiologist to the list of one’s doctors. I have had one for nine years now. Call it a sign that, in golfing terms, I’ve come to “the back nine.” So be it.

During one recent checkup, I told my man that I consider him “the archbishop” of the other medics. As a good Catholic gentleman, he chuckled at the reference but did admit that “when the motor malfunctions, the car definitely won’t move.”

St. Luke, an able doctor himself, cites our hearts as the locus of all our moral decisions, adding that from its “fullness the mouth speaks.” He certainly knew the physical importance of the organ, albeit with nothing like an EKG machine at his disposal. It was the spiritual significance of the heart that made his case for it to be the energy and driving force behind all our moral decisions and their consequences. For example, we can see that judging other people for their faults, a perennially popular Christian sin, begins in the heart.

This late winter Sunday finds us in the very “vestibule” of the great Lenten season that arrives this Wednesday. It’s a time for serious introspection and reflection, a thorough examination of conscience. Call it a spiritual heart exam.

“In the heart’s fullness,” St. Luke writes, we find the source of our behavior. That means, among other things, that our heart is where all our faulty decisions emanate. About this, or that, or the other thing. About him or her, our neighbor. About our practical decisions regarding a Christian lifestyle. Ultimately about our love and loyalty to Christ Jesus our Lord.

Lent is not intended to sour our late winter mood by a decision to deprive ourselves of desserts, or to cancel chocolate and cocktails for six weeks. However, I must add that fasting is recommended by many holy saints as a good “ammo” to shoot down selfishness.

What Lent is primarily about is our coming face to face with faults and sins we tend to ignore because they make us uncomfortable. They caused Our Lord’s crucifixion. It’s time for an honest appraisal of how we are doing or not doing with living a gospel-centered life. Lent asks us, in light of our Lord’s suffering and death, where some personal reform is needed.

Above all, I think Lent urges us to make our partnership with God each day of our lives something real. That could be described, in the present context, as something heartfelt.

Have a good Lent, with your heart in it.

**Readings for the week:**

- Monday** Sir 17:20-24 Ps 32:1-2, 5, 6, 7 Mk 10:17-27
- Tuesday** Sir 35:1-12 Ps 50:5-6, 7-8, 14, 23 Mk 10:28-31
- Wednesday** Jl 2:12-18 Ps 51:3-4, 5-6ab, 12-13, 14 and 17 2 Cor 5:20-6:2 Mt 6:1-6, 16-18
- Thursday** Dt 30:15-20 Ps 1:1-2, 3, 4 and 6 Lk 9:22-25
- Friday** Is 58:1-9a Ps 51:3-4, 5-6ab, 18-19 Mt 9:14-15
- Saturday** Is 58:9b-14 Ps 86:1-2, 3-4, 5-6 Lk 5:27-32
- Sunday** Dt 26:4-10 Ps 91:1-2, 10-11, 12-13, 14-15 Rom 10:8-13 Lk 4:1-13

## St. Henry Parish NEWS



Electronic funds transfer enables you to have your parish contributions automatically debited from your checking account or credit card. You choose how much to give, how often to give and what method of payment is to be used. You can also make special offertory donations for second collections, as well as pay for Religious Education registration and sacramental fees. We offer this convenient, secure and simple method of giving through Parish Giving. Log onto St. Henry's website, [www.sthenryrc.org](http://www.sthenryrc.org), click on the Parish Giving icon and follow the easy registration steps.

**NOTE: For those who use Parish Giving and no longer receive offering envelopes, you can access a list of second collections on our website, [www.sthenryrc.org](http://www.sthenryrc.org) (click on Our Parish at the top of our cover page, then click on Parish Giving on the drop down menu).**

### Pray for...

Please continue to keep in your prayers the sick members, family and friends of our parish: **Kevin Adamson, Martha Serrano, Liz Noto, Silvio Noto, Chad Perry, Archie Afable, Juan Diaz, Fran Dugan, Anna Marie Borzelli, Claire Poli, Jean Gallagher, Thomas Cahill, Ray Rokicki, Philip Mango, Romeo Ponce and Indy Littlefield.**

### PARISH CENTER RENTAL

If you are interested in renting our Parish Center (28th St. behind the Church) for religious related celebrations ONLY as per new Archdiocesan guidelines, please call Nancy at 201-436-0857, Ext. 110, 9AM – 4PM, Monday through Thursday, for availability and more information.

### Parish Registration

Your parish is your spiritual home. We invite you to register with St. Henry Parish. If you are not sure whether or not you are already registered, call Nancy at the rectory office – 201-436-0857, Ext. 110. However, if you are not receiving offering envelopes or various parish mailings, chances are you are not registered. Keep in mind that a person is not automatically a registered member because they were married here, or received other sacraments here.

To register, complete a registration form at the Parish Office, Monday – Thursday, 9 AM – 4PM, or call Nancy if you would like the form mailed to you

A minimum of 3 months membership with St. Henry Parish is a requirement if you wish to be a godparent or a sponsor for Confirmation.

### Thank You!

**Total Regular Offering – weekend of 02/16/2025: \$5,860**

**Consisting of Offering at Masses: \$4,755**

**Electronic Giving: \$1,105**

**Total Regular Offering – weekend of 02/23/2025: \$8,709**

**Consisting of Offering at Masses: \$7,159**

**Electronic Giving: \$1,550**

*Thank you for your continued support and generosity!*



*To everything there is a season and a time to every purpose under heaven (Ecclesiastes 3:11)*

*"... a time to be born..." "a time to love..."*

*"... a time to be born to eternal life..."*

Remember in your prayers those of our parish, family, friends and community who have died in recent months, especially *Pauline Amabile* and as well as those who have died in the service of our Country

*"... and a time for peace in all the world..."*

Pray for our servicemen and women at home and abroad.

### St. Henry's PRAYER SHAWL MINISTRY

The Prayer Shawl Ministry meets Sundays in the Parish Office, 1PM – 3PM. If you have any questions, please contact Mary Rooth, 201-240-5909.

### Food Pantry Availability

**St. Henry FOOD PANTRY IS OPEN THE FIRST AND THIRD WEDNESDAYS OF EACH MONTH, 10:00AM – 12:00PM ONLY.** Serving 22nd Street through 29th Street residents. Proof of Bayonne residency required. One bag per household will be given out. Ring office doorbell – a bag will be brought to you.

**Non-perishable food donations are always needed. Your donations may be brought to the Parish Office Monday – Thursday, 9AM – 4PM.** Thank you, as always, for your generosity and willingness to help those in need.

**How to Report Abuse** The Archdiocese takes very seriously any and all allegations of sexual misconduct by members of the clergy, Religious and lay staff of the Archdiocese. We encourage anyone with knowledge of an act of sexual misconduct to inform us so that we may take appropriate action to protect others and provide support to victims of sexual abuse. Call the Coordinator for the Office of Accompaniment in the Archdiocese Department for the Protection of the Faithful at 201-407-3256.

2025 LENTEN REGULATIONS

1. The days of both Fast and Abstinence during Lent are Ash Wednesday and Good Friday. If possible, the fast on Good Friday is continued until the Easter Vigil (on Holy Saturday night) as the “paschal fast” to honor the suffering and death of the Lord Jesus, and to prepare ourselves to share more fully and to celebrate more readily His Resurrection. The other Fridays of Lent are days of Abstinence.

On a day of Fast, only one (1) full meal is permitted, **and two (2) smaller meals, which if added together, would not exceed the main meal in quantity.**

Those between the ages of 18 and 59 are obliged to fast.

On a day of Abstinence, no meat may be eaten. Those who have reached the age of 14 are obliged by the law of abstinence.

2. The obligation to observe the laws of Fast and Abstinence “substantially”, or as a whole, is a serious obligation.

3. The Fridays of the year, outside of Lent, are designated as days of penance, but each individual may substitute for the traditional abstinence from meat some other practice of voluntary self-denial as penance.

4. The time for fulfilling the Paschal Precept (Easter Duty) extends from the **First Sunday of Lent, March 9, to The Solemnity of the Most Holy Trinity, June 15, 2025.**

*\*Canon 920, §1. All the faithful, after they have been initiated into the Most Holy Eucharist, are bound by the obligation of receiving Communion at least once a year.*



If anyone is interested in donating this year’s Paschal Candle, please contact Nancy at the rectory (201) 436-0847 X110.

The candle can be donated in memory of a loved one and will be acknowledged in the Easter Sunday bulletin. The estimated cost of the candle is \$371.

**SAVE the DATE**

On Sunday, May 4th at the noon Mass, Fr. Raul will be celebrating the 30th anniversary of his ordination to the priesthood.

A lunch reception will follow at St. John Paul II gym/parish center.

More information to come.

St. Henry 2026 MASS BOOK

Once again this year, we ask those who would like Mass Intentions or Memorial Intentions for 2026 to mail in a list of your requests, written **CLEARLY**—indicating the date and time, and for whom you wish the intention (please include an alternate date/time for each request), along with your payment, a telephone number and an email address. We will accept two names per intention.

You may mail your request to:

St. Henry Parish Office ♦ 82 West 29th Street ♦ Bayonne, NJ 07002 ♦ Attention: Nancy

Mass Intentions remain at \$10 each ♦ Memorials are: \$10 Sanctuary Lamp, \$10 Altar Bread, \$15 Altar Wine

Intentions will be entered into the Mass book in the order of receipt of your list and payment. We are not limiting the number of Masses you may request, but ask that you be considerate of others who will also be making requests. If your requests cannot be filled as you indicate or with the alternate you provide, you will be called or emailed to arrange another date. Once Mass/Memorials are booked, a confirmation of your 2026 intentions will be emailed to you. If you do not have an email, please include your address with your list so the confirmation can be mailed to you instead.

Beginning Tuesday, March 11th, you may stop by the office for in person 2026 Mass or Memorial Intentions.

**ROSARY SOCIETY NEWS:**

Our next meeting will be on Sunday, March 2nd following the 10am Mass and recitation of the rosary. All women of the parish are invited to the meeting and all parishioners are encouraged to pray the rosary with us. Reminder: Please bring one non-perishable food item to the meeting for our food pantry donation.

The St. Henry Parish Choir is welcoming new members as we prepare for Lent and Holy Week, which includes Holy Thursday, Good Friday, and Easter. Whether you've been singing for years, are just getting started, or simply love music, we'd love to have you with us; no previous musical training is required. This year, the choir will once again be singing the Passion on Good Friday, and we would love for you to be part of it. We are especially in need of male voices, as we currently have fewer than five tenors and basses. If you are a tenor or bass, your voice would be greatly appreciated and would make a big difference in our choir and parish. Rehearsals are held every Tuesday in the church from 7:00pm to 8:30pm, with the exception of March 4th, where rehearsal will be moved to Ash Wednesday, March 5th at 8:00pm after the Mass. If you're interested or are looking for more information about the music ministry, please reach out to our Music Director, Mr. Chad Perry, at (201) 249-1167 for any questions. We'd love to have you be a part of this special ministry and we look forward to hearing from you soon. Thank you.

**St. Henry Church Track Team**

All boys and girls of St. Henry Church Parish, ages 5 and older, along with Religious Education students, are invited to join the St. Henry Church Track Team for the Spring 2025 Track Season. Running is a healthy and social activity for children and is also complimentary for other youth sports and all children in our Parish are welcome to participate. We will race at the newly resurfaced track in Bayonne Park on Saturday mornings in April and May competing against Catholic schools within the Newark Archdiocese. We will also compete in the Archdiocesan championships, which include relay events. Preseason training will begin in March on Saturday afternoons at the indoor track above the ice rink at Bayonne High School. Please contact the Rectory for additional information or write directly to me: [alexlong685@gmail.com](mailto:alexlong685@gmail.com), referencing track in the subject line.

**2025 Archbishop's Annual Appeal**

*The 2025 Annual Appeal has begun! Each year we are invited to participate in the Annual Appeal, which is an opportunity to support essential ministries and programs of our Archdiocese. Your sacrificial support makes it possible for us to carry out the important work that we are called to do as missionary disciples of Jesus.*

*Please consider participating in this year's Appeal to help make a significant difference in many lives within our Archdiocese. You can make a gift online today by visiting [rcan.org/sharing](http://rcan.org/sharing) or join us for In-Pew Commitment weekend on March 8th and 9th.*

***Our Parish Goal is \$44,380.60.** The Archdiocese requires us to meet this goal. If we do not, we must contribute the difference between our goal and the actual amount of pledges received. We, therefore, ask that you prayerfully consider making your gift or pledge to the 2025 Annual Appeal. Pledge/Gift envelopes are located at the doors of our church. You may bring your envelopes to the Parish Office, or add a stamp and mail it directly to the Archdiocese of Newark (do not mail cash). As always, your generosity is appreciated.*

**OTHER HAPPENINGS—In and Around Bayonne & the Archdiocese of Newark**

**ASCA News:** Please join us for Mass Wednesday as we gather to mark the beginning of Lent. Ashes will be distributed and the Eucharist will be celebrated. ♦ Students in grades 4 through 8 will be taking their end-of-term cumulative assessments this week as the 2nd trimester of the school year ends Friday. ♦ Students will be dismissed at noon Friday. Fr. Rios and his faculty will have their monthly faculty meeting. We will not be offering After Care Friday. ♦ Our annual talent show will be held Saturday evening in the school gym at 6pm. We hope you attend to see students across nearly all grades perform in singing, dancing, telling jokes, and gymnastics.